

Tomokazu Yoshioka

Tomokazu Yoshioka serves as the Director of Sports Medicine within the Department of Orthopedic Surgery at Kikkoman General Hospital, where he is involved in a broad spectrum of both conservative and surgical interventions for knee joint disorders.

In 2008, he commenced his research on Platelet-Rich Plasma (PRP) therapy for musculoskeletal conditions at the Department of Orthopedic Surgery, University of Tsukuba. Between 2011 and 2012, he conducted pioneering research on peripheral nerve regeneration utilizing PRP under the mentorship of Professor Mikel Sanchez, during which he explored diverse clinical applications.

In 2024, he published findings demonstrating the efficacy of intra-articular PRP injections for the treatment of knee osteoarthritis in a cohort of Japanese patients, employing a rigorous double-blind, randomized controlled trial (RCT) design.