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Medical Specialist in Physical Education and Sports Medicine. Master and PhD in Biology of muscular exercise by the Universities Jean Monnet, Saint-Etienne and Claude Bernard, Lyon I, France. PhD in Exercise Physiology from the University of the Basque Country - Euskal Herriko Unibertsitatea. Experience as medical manager in sports teams (Banesto cycling, Saski Baskonia basketball and Athletic club of Bilbao). Award in Sports Medicine of the Basque Government.

Since 2010, he is a member of the BTI Regenerative Medicine Laboratory in Vitoria where he studies the therapeutic effects of plasma rich in growth factors in pathologies mainly of the musculoskeletal system, as well as in skin and ophthalmological conditions and reproductive dysfunctions.

He has published more than 80 articles in international indexed journals, as well as a dozen book chapters and has given numerous presentations at universities and international scientific meetings.