

## Jorge Chahla

Dr. Jorge Chahla is an orthopedic surgeon based in Chicago who specializes in the treatment of complex knee, hip, shoulder issues and all sports related injuries. He is a team physician for the Chicago White Sox (MLB), the Chicago Bulls (NBA), and the Joffrey Ballet. He is an Associate Professor of Orthopedic Surgery at Rush University Medical Center. In addition, he serves as the Director of Biomechanical Research and Director of the International Fellowship Program that attracts surgeons from all over the world to train and study at Rush. Dr. Chahla completed several fellowships at the top programs in the United States in addition to earning his PhD degree in knee biomechanics from the Catholic University of Argentina (UCA) with Summa Cum Laude honors.

Dr. Chahla is internationally recognized for his contributions to the field of orthopedic sports medicine through minimally invasive techniques, treatment of complex sports problems and as a pioneer in novel biologic treatments.

Dr. Chahla's approach is based on a philosophy that each individual procedure is specific and customized to the individual needs of each patient. He uses minimally invasive arthroscopic techniques so that recovery time is minimized. Dr. Chahla's focus is not only on a patient's full recovery, but the speed of that recovery to return to sport. To accomplish this, his team coordinates comprehensive postoperative care, which includes objective assessments of motion and stability and subsequent interaction with physical therapists, coaches, and athletic trainers to ensure return to preinjury performance.

Dr. Chahla has dedicated significant time to the study and research of joint preservation procedures and cartilage restoration techniques with more than 500 publications in prestigious scientific journals, over 50 book chapters, 8 edited books, and is regularly invited to present his research at both national and international orthopaedic conferences and meetings. Dr. Chahla is well recognized for his anatomical knowledge that has helped develop novel surgical techniques that can be found in a multitude of publications and books.

### Orthopedic surgery research

Dr. Chahla has received grants to fund his research from various institutions, companies, and professional societies including Colorado University, Cedars Sinai Kerlan Jobe, Arthrex, Smith and Nephew, Arthroscopy Association of North America (AANA), American Orthopaedic Society for Sports Medicine (AAOSM), SANOFI and The Steadman Clinic.

### Orthopedic surgery awards

Dr. Chahla recently received the AAOS Distinguished Volunteer Service Award, the AAOS Award of Excellence, AOSSM Young Investigator Award, Excellence in Research Award and the Cabaud Award (two times) from the American Orthopaedic Society for Sports Medicine, the AAOS/OREF/ORS Clinician Scholar Development Program award, and six best-paper awards at several meetings.